



## 2025 Swim and Dive Schedule:

### **Tuesday July 1st: ANA @ Home**

Swim: WU 3:00; Start 4:00  
Dive: Will dive a practice meet during dive team

### **Wednesday July 9th: CS&T @ Home**

Dive: WU 2:00; Start 2:30  
Swim WU: 3:00; Start 4:00

### **Friday July 18th: @Bradford Swim Club**

Warm up SWIM: 7:30 AM; Start est. 8:15 AM  
Warm Up Dive: 11:30 AM est (after swim); Start 30 min after WU begins

### **Wednesday July 23rd: Cedardale @ Home**

Dive: WU 2:00; Start 2:30  
Swim WU: 3:00; Start 4:00

### **Wednesday July 30th: @ Haverhill Country Club**

Swim: WU: 9:30 AM; Start 10:15 AM  
Dive: Will dive during dive team

### **Friday August 1st: Indian Ridge Country Club @ Home**

Swim: WU 7:30 AM / Start 8:30 AM  
Dive: Will dive during dive team

### **SAL Dive Championships: @ Russell Mill Swim and Tennis Club:**

Tuesday August 5th  
WU: est. 1:30 PM; Start 3:30 PM

### **SAL 6 and under Championships: @ Cedardale**

Thursday August 7th  
WU: 10:30 AM/ Start 11:00 AM  
Ice Cream and Ribbons/Medals after for participant athletes

### **SAL D1 & D2 Championships: @ Cedardale**

Saturday August 9th

WU: 7:15 AM; Start 8:45 AM